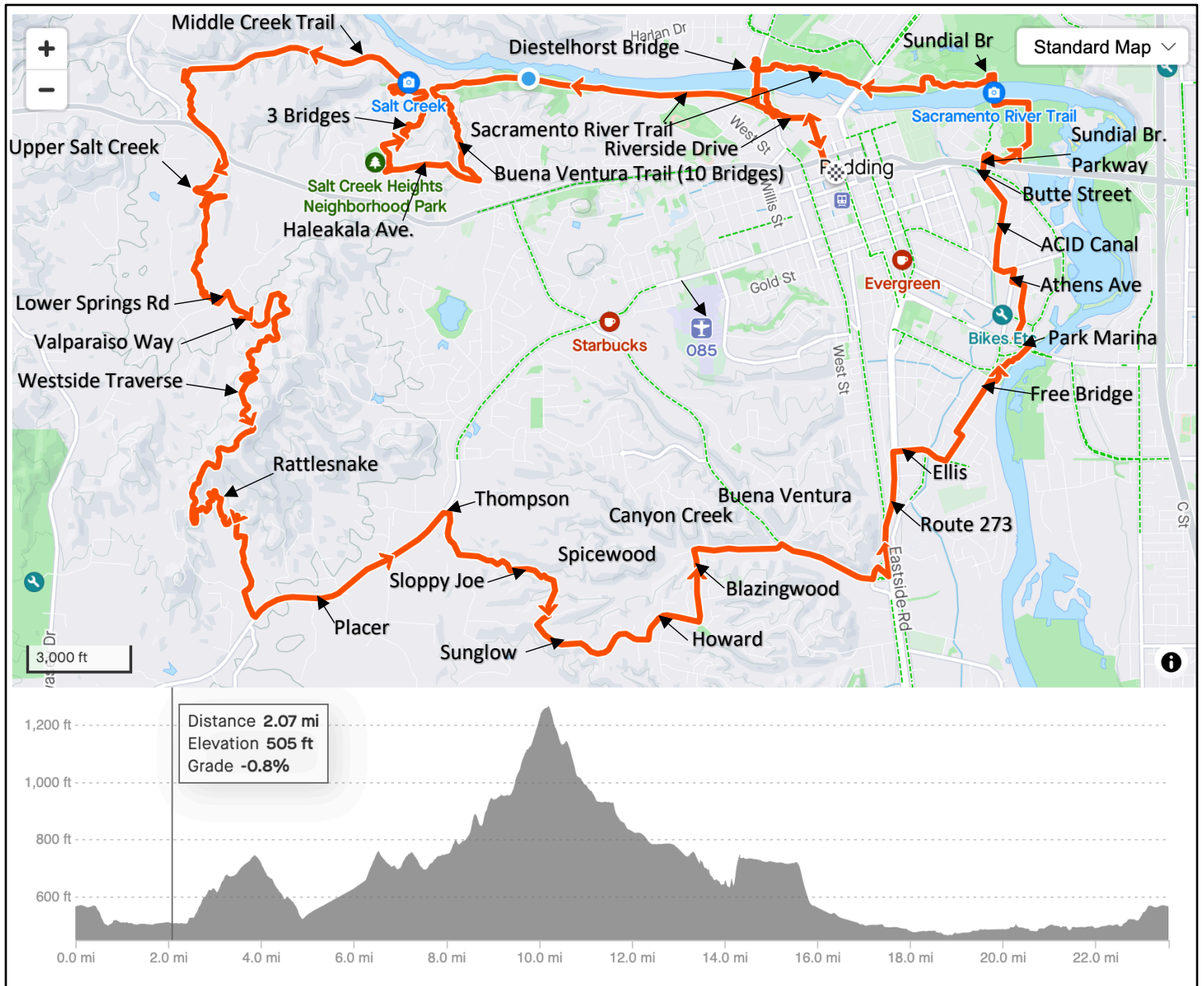




Bigfoot Adventure Challenge

Izzi Lunch Loop Route Information



Distance and Elevation: 23.5 miles and 1550 feet of climbing

Trailhead Location: Shasta Bike Depot (Intersection of Shasta and Center Street), Redding

Route Directions:

1. Downtown to Sacramento River Trail – take the Downtown to Diestelhorst Trail along Center to Riverside to the Diestelhorst Bridge and the Sacramento River Trail
2. Sac River Trail Through Salt Creek Heights and Back – up the SRT and up the Buena Ventura Trail to Haleakala and down the Salt Creek Heights Trail (3 Bridges) and back down to river level and the Middle Creek Trail
3. Middle Creek Trail through Upper Salt Creek – up the Middle Creek Trail to the connector to the 299 frontage road and then down to the 299 crossing and up the Upper Salt Creek Trail to Lower Springs
4. Lower Springs to Placer via Westside – Up Valparaiso to the Westside Traverse Trail that takes you to Rattlesnake, down Rattlesnake to Laurel Glenn and then south to Purple Elm and Placer

5. Placer through the Canyon Hollow Trails - east on Placer to Thompson, right and down the gravel road to the Sloppy Joe Trailhead, down Sloppy Joe to the Spicewood Connector, across the creek and up Spicewood and into the Country Heights Subdivision.
6. Country Heights to Route 273 – Wintergreen to Sunglow to Howard, down Blazingwood, right on Canyon Creek and then right on Buena Ventura to Route 273
7. Route 273 (Market Street) to Park Marina – use the bike/ped only lane on Route 273 (best access through the Arco Parking Lot), north on this bike/ped path to Ellis, right on Ellis, left on Anita and eventually to Freebridge taking you to Parkview and then Park Marina (through the little riverside park is the designed route...).
8. Park Marina to ACID Canal – take the streets (Park Marina/Locust/Athens/South) or use the parking lots to get to South and ACID.
9. ACID to Sundial – up the gravel/dirt road along the ACID to Butte Street, across the Sundial Bridge Parkway to the 44 Trail and then behind Turtle Bay Museum to the Sundial Bridge.
10. Sundial Bridge Back to your Start – across the bridge to the River Trail, up the SRT to Diestlehorst, across Diestlehorst and then reverse your very first steps to your start.

Summary: This Bigfoot Adventure Challenge route takes full advantage of the amazing urban gravel opportunities from your home, favorite coffee spot or work place in Redding. The rider can expect some sac river trail followed by west side county paved roads, lots of sometimes gravel bike challenging westside single track, and a crossing of the infamous Sundial Bridge.

Questions: Call Brian at 530-638-5098 or Nate at 530-515-0908